

Lake Mary: 407-330-1100

PRE-OPERATIVE INSTRUCTIONS
Ravi Jahagirdar, MD

Orlando: 407-896-4717

Your procedure has been scheduled at: _____

_____ Florida Hospital South 601 E. Rollins Ave. Orlando, FL 32803
407-303-5600

_____ Kidney Stone Center 2501 N. Orange Ave. #121 Orlando, FL 32804
407-303-2860

_____ Florida Surgery Center 180 Boston Ave. Altamonte Springs, FL 32701
407-830-0573

Your procedure has been scheduled at _____ on _____ at the above indicated facility.

Please Arrive At: _____

Your pre-admission testing has been scheduled at _____ on _____ at _____ Florida Hospital _____ other.

You must fast after 12 midnight the night before your pre-testing.

****PLEASE NOTE: If your procedure is at Kidney Stone Center, someone from that facility will contact you to schedule your pre-admission testing****

IF YOU HAVE ANY MEDICAL CONDITION, PLEASE BE SURE TO OBTAIN CLEARANCE FOR YOUR PROCEDURE FROM THE DOCTOR (FAMILY DOCTOR, CARDIOLOGIST, PULMONOLOGIST, ETC.)

****DO NOT TAKE ANY ASPIRIN, ASPIRIN PRODUCTS OR BLOOD THINNERS (PLAVIX, COUMADIN, WARFARIN, ETC.) FOR ONE WEEK PRIOR TO YOUR PROCEDURE. ****

Please note that some herbal medications and vitamins have blood-thinning properties in them, if you are unsure if a medication you are taking contains these properties; please contact our office or your pharmacist.

THE DAY BEFORE YOUR PROCEDURE

Eat lightly the day before your procedure, fruits, Jell-O, juice, etc. No alcoholic, carbonated or caffeinated beverages. No smoking to eat or drink after 12 midnight!!! If you take medication regularly in the morning, Nothplease ask the doctor or nurse which medications you should take.

THE DAY OF YOUR PROCEDURE

NOTHING TO EAT OR DRINK!!! If Instructed to take medication, take only small sips of water, just enough to get the medication down and inform the facility of when and what you took.

If you are having any type of Kidney procedure, you **MUST** bring in your films with you to the procedure. IF the films are not available, **the procedure will be cancelled.**

Someone must drive you home from the procedure. Please contact our office with any questions.